



## Dragan Caoin TaeKwon-Do

Single Green Stripe (Grade 11) Testing Application \$25.00

Test Date \_\_\_\_\_

Name \_\_\_\_\_

Present Grade \_\_\_\_\_

City \_\_\_\_\_

Instructor \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_

Age \_\_\_\_\_ Male or Female

Physical Condition/Physical Concerns:

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**Please make cheque payable to Dragan Caoin TKD**

*I hereby submit my application for grade testing in TaeKwon-Do. I promise to follow the rules and regulations of this examination. I waive any claims against the Global TaeKwon-Do federation or examiners for any reason. Also, I understand fees are non-returnable after signing up for this test.*

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Date

Signature of Parent/Guardian or Student

Requirements	Comments	Mark
Dan Gun/ Do-san Tul		
X Stance and hook kick/turning kick (front leg)		
Inside and outside crescent kick		
Half crescent (Axe) kick		
Reverse hook kick		
Free sparring		
Three step sparring 1,2,3		
Questions: Meaning of Do San Theory of power Explain sine wave		
Board break – back side kick		